

## **Life Support Promising Food Plants Among Aborigins of Pataalkot, Madhya Pradesh**

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**ABSTRACT** The relationships between biological and cultural factors is well exhibited by nutritional aspects under the rubric of different ecosystems. Plant species provide an extremely wide range of useful products related to nutritional aspects. The Bharias of Pataalkot are the aborigines of Pataalkot and most primitive tribal population of Madhya Pradesh. They are fighting for survival and constantly trying to exploit the existing biodiversity in their own way. The Bharias of Pataalkot live in the villages of Pataalkot. Pataalkot is a bowl shaped natural formation. Situated on the stapura plateau, area surrounded on their sides by hilly ridge and forth side is open on the north-west side towards the Dedhi River. The estimated total area of Pataalkot is 79 sq. kms. It is located towards the north of Chhindwars district Headquarter. Here, attempt has been made to study the life supporting promising food plants among Bharias of Pataalkot. The present investigation is based on 305 families of 29 hamlets of 12 villages. The objective of present study is to explore the information regarding life support promising food plants among Bharias of Pataalkot. So, that the target of 'health for all' could be achieved with the help of the researchers' findings to a certain extent.